

Salvation Army Red Kettle Run 5K  
 Date: 11/16/2019  
 35 Degrees & Overcast



**Overall male** **Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
1	Ryan	Smith	M	43	Clear Lake	IA	00:19:44.81	06:21 /mi
2	Vladimir	Starrett	M	15	Clear Lake	IA	00:20:24.07	06:34 /mi
3	Josh	Berger	M	40	Clear Lake	IA	00:21:25.06	06:53 /mi
4	Brody	Hirsch	M	14	Mason City	IA	00:22:26.38	07:13 /mi
5	Matthew	Nicholson	M	50	Clear Lake	IA	00:23:47.72	07:39 /mi
6	Liam	Smith	M	10	Clear Lake	IA	00:24:40.04	07:56 /mi
7	Shawn	Cox	M	43	Mason City	IA	00:26:39.55	08:34 /mi
8	Chuck	Schafer	M	62	Thornton	IA	00:27:13.73	08:45 /mi
9	Mike	Oulman	M	64	Garner	IA	00:27:22.13	08:48 /mi
10	Steve	McDonough	M	70	Nora Springs	IA	00:29:33.33	09:30 /mi
11	Aaron	Beemer	M	45	Mason City	IA	00:29:41.03	09:33 /mi
12	Terry	Hjelle	M	36	Mason City	IA	00:33:11.56	10:40 /mi

**Overall female** **Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
1	Mandi	Pralle	F	38	Mason City	IA	00:22:48.69	07:20 /mi
2	Jeanne	McCurnin	F	64	Mason City	IA	00:23:45.10	07:38 /mi
3	Sophia	Ihlenfeldt	F	16	Mason City	IA	00:26:00.86	08:22 /mi
4	Cynthia	Lehrkamp	F	61	Carroll	IA	00:26:09.50	08:25 /mi
5	Devan	Hirsch	F	34	Mason City	IA	00:29:07.57	09:22 /mi
6	Andrea	Rodemeyer	F	37	Mason City	IA	00:31:48.07	10:14 /mi
7	Teri	Bodtke	F	50	Mason City	IA	00:32:32.03	10:28 /mi
8	Susan	Trebil	F	64	Manly	IA	00:32:34.31	10:28 /mi
9	Shauna	Krush	F	30	Manly	IA	00:33:00.01	10:37 /mi
10	Lisa	Schultz	F	56	Rockwell	IA	00:33:06.50	10:39 /mi
11	Becky	Gump	F	56	Mason City	IA	00:34:43.64	11:10 /mi
12	Anneliese	Jeffrey	F	40	Rockwell	IA	00:35:11.51	11:19 /mi
13	Pam	Miller	F	68	Mason City	IA	00:51:08.75	16:27 /mi
14	Vicki	Fisher	F	69	Mason City	IA	00:51:09.04	16:27 /mi
15	Annette	Cooper	F	50	Clear Lake	IA	00:52:07.37	16:46 /mi
16	Deb	Pralle	F	59	Mason City	IA	00:52:58.80	17:03 /mi
17	Vickey	Basgall	F	66	Mason City	IA	00:53:09.33	17:06 /mi
18	Loni	Dahl	F	67	Manly	IA	01:03:58.65	20:35 /mi
19	Debbie	Cahalan	F	67	Mason City	IA	01:04:00.12	20:36 /mi

**M19-** **Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
1	Vladimir	Starrett	M	15	Clear Lake	IA	00:20:24.07	06:34 /mi
2	Brody	Hirsch	M	14	Mason City	IA	00:22:26.38	07:13 /mi
3	Liam	Smith	M	10	Clear Lake	IA	00:24:40.04	07:56 /mi

**F19-** **Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
1	Sophia	Ihlenfeldt	F	16	Mason City	IA	00:26:00.86	08:22 /mi

**M30-49** **Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
1	Ryan	Smith	M	43	Clear Lake	IA	00:19:44.81	06:21 /mi
2	Josh	Berger	M	40	Clear Lake	IA	00:21:25.06	06:53 /mi
3	Shawn	Cox	M	43	Mason City	IA	00:26:39.55	08:34 /mi
4	Aaron	Beemer	M	45	Mason City	IA	00:29:41.03	09:33 /mi
5	Terry	Hjelle	M	36	Mason City	IA	00:33:11.56	10:40 /mi

**F30-49** **Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
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1	Mandi	Pralle	F	38	Mason City	IA	00:22:48.69	07:20 /mi
2	Devan	Hirsch	F	34	Mason City	IA	00:29:07.57	09:22 /mi
3	Andrea	Rodemeyer	F	37	Mason City	IA	00:31:48.07	10:14 /mi
4	Shauna	Krush	F	30	Manly	IA	00:33:00.01	10:37 /mi
5	Anneliese	Jeffrey	F	40	Rockwell	IA	00:35:11.51	11:19 /mi

**M50-64**
**Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
1	Matthew	Nicholson	M	50	Clear Lake	IA	00:23:47.72	07:39 /mi
2	Chuck	Schafer	M	62	Thornton	IA	00:27:13.73	08:45 /mi
3	Mike	Oulman	M	64	Garner	IA	00:27:22.13	08:48 /mi

**F50-64**
**Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
1	Jeanne	McCurnin	F	64	Mason City	IA	00:23:45.10	07:38 /mi
2	Cynthia	Lehrkamp	F	61	Carroll	IA	00:26:09.50	08:25 /mi
3	Teri	Bodtke	F	50	Mason City	IA	00:32:32.03	10:28 /mi
4	Susan	Trebil	F	64	Manly	IA	00:32:34.31	10:28 /mi
5	Lisa	Schultz	F	56	Rockwell	IA	00:33:06.50	10:39 /mi
6	Becky	Gump	F	56	Mason City	IA	00:34:43.64	11:10 /mi
7	Annette	Cooper	F	50	Clear Lake	IA	00:52:07.37	16:46 /mi
8	Deb	Pralle	F	59	Mason City	IA	00:52:58.80	17:03 /mi

**M65+**
**Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
1	Steve	McDonough	M	70	Nora Springs	IA	00:29:33.33	09:30 /mi

**F65+**
**Running | 5K**

#	First name	Last name	M/F	Age	Town	State	Final Result	Pace
1	Pam	Miller	F	68	Mason City	IA	00:51:08.75	16:27 /mi
2	Vicki	Fisher	F	69	Mason City	IA	00:51:09.04	16:27 /mi
3	Vickey	Basgall	F	66	Mason City	IA	00:53:09.33	17:06 /mi
4	Loni	Dahl	F	67	Manly	IA	01:03:58.65	20:35 /mi
5	Debbie	Cahalan	F	67	Mason City	IA	01:04:00.12	20:36 /mi